



DONEGAL ORTHODONTICS
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WHAT IS ORTHODONTICS?

Orthodontic literally means 'straight teeth'

Orthodontics is the specialist type of dentistry which deals with irregularities of the teeth and jaws. Orthodontists are registered specialist dentists who practice orthodontics. They have undertaken specialist post graduate training of at least 3 years and usually 6 years, to gain this specialist status.

Very simply, orthodontic treatment is done by applying gentle forces to teeth and jaws in a very controlled way to improve the alignment and appearance of a patient's teeth. There are many types of appliances that can be used and there is often a choice of treatments that may be suitable for any given problem.

Teeth move best with very light steady forces. To achieve the best results this process should not be rushed but should be done with several visits and a slowly but surely approach.

For specific information please see pdf what type of brace will I need?

The principle goal of orthodontic treatment is to improve the appearance of a patients teeth. In other words give you the most attractive smile possible.

